

UAMS News Bureau

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Neurologist Mitesh Lotia Joins UAMS as Tourette’s Specialist

LITTLE ROCK — Mitesh P. Lotia, M.D., has joined the University of Arkansas for Medical Sciences (UAMS) as a movement disorder neurologist with a special interest in Tourette syndrome and will see patients in the Movement Disorder Clinic.

Lotia is also an assistant professor in the Department of Neurology in the UAMS College of Medicine. In addition to treating patients, he will conduct clinical trials, engage in community awareness and help nurture future neurologists.

Tourette syndrome is a genetic neuro-psychiatric condition that begins in childhood and is characterized by multiple repeated tics. They can be involuntary vocal sounds or brief muscular jerks. Over time, they can change in type and frequency. Tics can involve different areas of the body like the arms or legs, having a debilitating impact on daily activities.

Lotia came to UAMS after completing a fellowship on movement disorders and Tourette syndrome at Baylor College of Medicine in Houston, Texas.

“There is very limited access to neurological care for patients with Tourette syndrome in the state of Arkansas, and most are either treated for tics or psychiatric conditions that are often part of the condition,” said Lotia. “At the Movement Disorder Clinic, I am able to offer treatments specific to various tics, attention deficit disorder and obsessive compulsive disorder simultaneously, and for the most severe cases, we may be able to offer a deep-brain-stimulation surgery that has been shown to be effective for some patients.”

Tourette syndrome is one of many conditions treated at UAMS’ [Movement Disorders Clinic](#), including Parkinson’s disease, essential tremor and Huntington disease.

“We treat movement disorders with a well-coordinated, multidisciplinary approach involving neurologists, neurosurgeons, neuropsychologists and other specialists under one roof,” said Robert L. “Lee” Archer, M.D., professor and interim chairman of the Department of Neurology. “It’s our goal to give patients the comprehensive care they need to manage their symptoms, which can have a big impact on daily life.”

Lotia earned his medical degree and completed an internship at the Terna Medical College in Mumbai, India. He completed internships at Union Memorial Hospital in Baltimore, Maryland, and the University of Louisville Hospital in Louisville, Kentucky. He was a clinical stroke fellow at the National Institutes of Health Stroke Team at Washington Hospital Center in Washington, D.C., and a neurology resident at the University of Louisville School of Medicine, where he also served as a chief resident.

He is a member of the American Academy of Neurology, International Parkinson and Movement Disorders Society, American Medical Association, Education Commission of Foreign Medical Graduates and Maharashtra Medical Council.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a northwest Arkansas regional campus; a statewide network of regional centers; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, the Jackson T. Stephens Spine & Neurosciences Institute, the Myeloma Institute, the Harvey & Bernice Jones Eye Institute, the Psychiatric Research Institute, the Donald W. Reynolds Institute on Aging and the Translational Research Institute. It is the only adult Level 1 trauma center in the state. UAMS has 2,870 students, 799 medical residents and five dental residents. It is the state’s largest public employer with more than 10,000 employees, including about 1,200 physicians who provide care to patients at UAMS and its regional campuses throughout the state, Arkansas Children’s Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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