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UAMS Receives \$1.27 Million Grant for Educational Outreach with Little Rock School District

LITTLE ROCK — The University of Arkansas for Medical Sciences (UAMS) has received a \$1.27 million science education research grant to teach Little Rock School District students about STEM careers and cardiovascular health using handheld ultrasound devices and other interactive technology.

The five-year Science Education Partnership Award (<u>SEPA</u>) comes from the National Institute of General Medical Sciences, part of the National Institutes of Health.

The program is a partnership with the Little Rock School District and will include activities at both institutions. UAMS faculty will bring programs to ninth-grade physical science classes in the district. The UAMS campus will also host week-long summer camps each year of the grant, and some students will be invited back in subsequent years to deepen their engagement with science by becoming members of the camp staff.

The project's overall aim is not only to teach individual students about science, technology, engineering and math (STEM), but to research the most effective ways to inspire students to pursue STEM careers.

"UAMS' mission as the state's only health sciences university expands beyond its walls and out into the community," said Christopher T. Westfall, M.D., dean of the College of Medicine. "Educational outreach is needed in a state like Arkansas, where we are challenged by racial, ethnic and socioeconomic health disparities, as well as growing shortages of health care professionals. We must develop new and innovative methods for cultivating a larger, more diverse, and culturally competent health care workforce."

Kevin D. Phelan, Ph.D., co-director of the Division of Clinical Anatomy in the UAMS College of Medicine, is leading the program, which is called <u>ArkanSONO</u>. In the high school science classrooms, UAMS faculty will use real medical-grade handheld ultrasound devices to teach basics about the physics of sound, how ultrasounds work and how they are used in various STEM fields, including medicine, biomedical research and industry.

"It's a novel approach that has a bit of a 'wow' factor with students," Phelan said. "They get to see blood vessels expanding or contracting in real time, or see tendons moving under the skin. We all had a favorite teacher, or can think back to an exciting educational experience that sparked our interest and propelled us to our futures. We're hoping that for some of these students, this can be that experience for them."

Phelan conducted a pilot study in spring 2017 at four of the five high schools in the district.

"Teachers said the students were talking about it for weeks afterward," Phelan said. "We're excited about seeing what additional interest in STEM we can generate by having some of these students attend summer camps at UAMS, where they build on what they learn in the classroom."

"We are grateful to UAMS for this significant investment in our students and for this tremendous partnership," said Little Rock School District Superintendent Mike Poore. "Our students need these types of hands-on, relevant experiences to learn about STEM and associated careers. It's clear that most of the jobs of the future will require science and math, so exposure to STEM education today will prepare our students to become the next generation of great innovators."

During the classroom visits, students will also be able to interact with smaller versions of <u>UAMS' Sectra Table</u>, a virtual dissection tool that allows students to explore human anatomy in 3D with simple gestures similar to those on a smartphone. By the end of the classroom series, the students will use the ultrasounds to conduct their own experiments, using critical thinking and the scientific process to predict how the ultrasounds will interact with common objects.

At SONOcamp, students will be able to use the ultrasounds on "standardized patients" – actors who portray patients for teaching purposes – so that they can explore the heart. They will learn about cardiovascular health, including the importance of exercise, a healthy diet and refraining from smoking.

Students will interact with role models and mentors from a variety of STEM fields as well as current UAMS students from diverse backgrounds. Participants will put what they've learned to the test at the SONOlympics, during which they will use many of the real-life ultrasound skills they've learned to solve problems and complete tasks.

Phelan is joined in administering the grant, program and accompanying research by Gregory Snead, M.D., chief of the Division of Emergency Medicine Ultrasound in the UAMS College of Medicine Department of Emergency Medicine; Billy R. Thomas, M.D., UAMS' vice chancellor for diversity and inclusion; Noor Akhter, Ph.D., and Mohsin M. Syed, Ph.D., both assistant professors in the UAMS College of Medicine Department of Neurobiology and Developmental Sciences; and Karen Yanowitz, Ph.D., professor in the Arkansas State University Department of Psychology and Counseling.

This is the fourth time UAMS has earned the prestigious SEPA funding. Robert Burns, Ph.D., administered the UAMS Partners in Health Sciences Program from 1997-2000. It was funded for a second phase from 2000-2004. In that time, the program brought in millions in grant funding and provided outreach to Pre-K-12 teachers from across the state, giving them science curricula and high-quality teaching tools to take back to their classrooms. In addition, Teresa Kramer, Ph.D., and JoAnn Kirchner, M.D., led the Partners in Behavioral Health Science SEPA program from 2000-2005.

For more information about ArkanSONO and for ideas for using ultrasounds to teach science, find ArkanSONO on the UAMS College of Medicine website – Medicine.UAMS.edu – or follow @ArkanSONO on Twitter.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; northwest Arkansas regional campus; statewide network of regional centers; and six institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging and Translational Research Institute. It is the only adult Level 1 trauma center in the state. UAMS has 2,727 students, 822 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses throughout the state, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on Facebook, Twitter, YouTube or Instagram.



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