

UAMS News Bureau

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Free Family Caregiver Workshop to be Jan. 30 in Jonesboro

LITTLE ROCK – The Schmieding Home Caregiver Training Program of the University of Arkansas for Medical Sciences (UAMS) in cooperation with St. Bernards Healthcare will hold a free family caregiver workshop Jan. 30 in Jonesboro for those who would like to learn about caring for an adult with dementia or Alzheimer’s disease.

The workshop, which is open to the public, will be held 10 a.m.- 4 p.m. at St. Bernards Villa at 2217 W. Parker. For more information or to register, please call 870-207-7600 or email vwfielder@uams.edu. Lunch will be provided. Space is limited.

The program is sponsored by UAMS’ Arkansas Geriatric Education Collaborative. The collaborative is funded by a Health Resources and Services Administration grant of \$2.4 million for a Geriatrics Workforce Enhancement Program.

Taught by Linda Willey, RN, certified dementia practitioner, the workshop will present an overview of dementia and Alzheimer’s disease and provide caregiving tips that maintain respect, dignity and quality of life for the person living with dementia. Information will be presented on nutrition, behavior, communication techniques and activities.

About 452,000 family caregivers in Arkansas provide an estimated \$4.7 billion in unpaid care each year, helping their loved ones with bathing and dressing, cooking meals, transportation, finances and complex medical tasks like wound care and injections.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; Northwest Arkansas regional campus; statewide network of regional centers; and six institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging and Translational Research Institute. It is the only adult

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Level 1 trauma center in the state. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses throughout the state, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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