

**UAMS News Bureau**

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**News Release**  
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**Alzheimer's Support Group to be held Feb 19  
at UAMS Center on Aging-Northeast**

LITTLE ROCK – The UAMS Center on Aging-Northeast in Jonesboro will hold a free Alzheimer's Caregiver Support Group meeting at 4:30 p.m. Feb. 19 at the center, 303 E. Matthews.

To register or for more information, call 870-207-7595 or 800-745-0557. The Center on Aging-Northeast is part of the Donald W. Reynolds Institute on Aging at the University of Arkansas for Medical Sciences (UAMS). Support is also provided by St. Bernards Healthcare.

The support group, sponsored by the Arkansas Chapter of the Alzheimer's Association, is conducted by trained facilitators. The meetings are a safe place for caregivers, family and friends of those with dementia to develop a support system and exchange practical information on caregiving challenges and possible solutions. Attendees will be able to talk through issues and ways of coping; share feelings, needs and concerns; and learn about community resources.

Cynthia Abel will be the facilitator for the group. For additional information on caregiver programs, visit [alz.org/Arkansas](http://alz.org/Arkansas).

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health and Healthcare Innovation. It is the only adult Level 1 trauma center in the state. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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