

**UAMS News Bureau**

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**Better Breathers Support Group to Meet May 3 in Jonesboro**

LITTLE ROCK – Chad R. Oldham of Oldham Law Firm PLLC will speak at the Better Breathers COPD Support Group at 11 a.m. May 3 at Nettleton Baptist Church-NEA Fairgrounds, 7001 E. Johnson Avenue in Jonesboro.

Oldham will be speaking on advanced care planning and preparing for long-term care. The program is presented by the Center on Aging-Northeast of the University of Arkansas for Medical Sciences (UAMS) and facilitated by Kindred at Home.

The Better Breathers Club is open to the public and meets the first Friday of every month from 11 a.m.-noon at Nettleton Baptist Church. For more information or to register, call 870-207-7595 or 800-645-5708.

Chronic obstructive pulmonary disease (COPD) is a long-term lung disease that makes it hard to breathe. The American Lung Association's Better Breathers Club is led by a registered nurse and respiratory therapist and provide ways to better manage lung disease while getting the support of others with similar experiences.

The Center on Aging-Northeast is part of the UAMS Donald W. Reynolds Institute on Aging. Program support is also provided by St. Bernards Healthcare.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. It is the only adult Level 1 trauma center in the state. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).