

**UAMS News Bureau**

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**Better Breathers COPD Support Group  
to Meet Aug. 1 in Osceola**

LITTLE ROCK — The first Better Breathers COPD Support Group will meet at 11 a.m. Aug. 1 in the private dining area of South Mississippi County Regional Medical Center, 611 W. Lee Ave., in Osceola. Lunch will be provided.

The program is sponsored by the Center on Aging-Northeast of the University of Arkansas for Medical Sciences (UAMS) and Kindred at Home.

The Better Breathers Club is open to the public and will meet the first Thursday of every month from 11 a.m.-noon at South Mississippi County Regional Medical Center. For more information or to register, call 870-207-7595.

Chronic obstructive pulmonary disease (COPD) is a long-term lung disease that makes it hard to breathe. The American Lung Association's Better Breathers Club is led by a registered nurse and respiratory therapist and provides ways to better manage lung disease while getting the support of others with similar experiences.

The Center on Aging-Northeast is part of the UAMS Donald W. Reynolds Institute on Aging. Program support is also provided by St. Bernards Healthcare.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. It is the only adult Level 1 trauma center in the state. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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