

UAMS News Bureau

Office of Communications & Marketing
4301 West Markham # 890
Little Rock, AR 72205-7199

uamshealth.com/news



**News Release
Sept. 23, 2019**

Media Contacts:

Samantha Hollis, 870-207-7595
shollis@uams.edu

Liz Caldwell, 501-686-8995
Wireless phone: 501-350-4364
liz@uams.edu

**Better Breathers Support Group
to Meet Oct. 4 in Jonesboro**

LITTLE ROCK - The Better Breathers COPD Support Group will present a discussion of environmental exposure hazards during fall harvest time and how to prevent the exacerbation of symptoms from 11 a.m.-noon Oct. 4 in the north foyer of Nettleton Baptist Church, 7001 E. Johnson in Jonesboro.

The group meets in support of people with chronic obstructive pulmonary disorder (COPD), their families and caregivers. The speaker will be Branon Thiesse, staff chair for the Craighead County Cooperative Extension.

The program is sponsored by the Center on Aging-Northeast of the University of Arkansas for Medical Sciences.

The Better Breathers Club is open to the public and meets the first Friday of every month from 11 a.m.-noon at Nettleton Baptist Church. For more information or to register, call 870-207-7595.

The American Lung Association's Better Breathers Club is led by a registered nurse and respiratory therapist and provides ways to better manage lung disease while getting the support of others with similar experiences. Chronic obstructive pulmonary disease is a long-term lung disease that makes it hard to breathe.

The Center on Aging-Northeast is part of the UAMS Donald W. Reynolds Institute on Aging. Program support is also provided by St. Bernards Healthcare.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. It is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state's Best Hospital; ranked its ear,

nose and throat program among the top 50 nationwide; and named six areas as high performing — cancer, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state’s largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children’s Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

Like us, we’re social:    

###