UAMS to Offer Depression Screenings Oct. 10 at No Cost

LITTLE ROCK — The University of Arkansas for Medical Sciences (UAMS) will be offering free screenings for depression Oct. 10 from 9 a.m. to 1 p.m. in the UAMS Medical Center lobby gallery for anyone age 18 and older. No registration is necessary.

The screenings are being held in conjunction with National Depression Screening Day, part of National Mental Illness Awareness Week. They are sponsored by the UAMS Psychiatric Research Institute and the National Alliance on Mental Illness (NAMI) Arkansas. Participants who take the short questionnaire and are considered at risk for depression will be referred to local mental health professionals.

Depression is the leading cause of disability in the U.S. for ages 15 to 44. It affects more than 15 million American adults, or about 6.7 percent of the U.S. population age 18 and older in a given year.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. It is the only adult Level 1 trauma center in the state. U.S. News & World Report named UAMS Medical Center the state's Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — cancer, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Childrens Hospital, the VA Medical Center and Baptist

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