

**UAMS News Bureau**

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**News Release  
March 5, 2020**

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**UAMS 12<sup>th</sup> Street Center to Host ‘March Man-ness’  
at Warren Community Development Center March 28**

LITTLE ROCK — Free health care screening and other services will be offered free to the public March 28 at the “March Man-ness Men’s Health Event” presented by the 12 St. Health & Wellness Center of the University of Arkansas for Medical Sciences (UAMS).

The event will be 9 a.m.-noon at the Bishop Leodies & Goldie Warren Community Development Center, 1200 Bishop Warren Drive in Little Rock. For more information, visit [www.Healthon12th.uams.edu](http://www.Healthon12th.uams.edu) or call 501-614-2492.

There also will be free food, live streaming basketball, giveaways and activities. People of all ages and families are welcome. Spanish interpreters will be present to provide translation services.

While this event focuses on men’s health, women also are invited to receive free blood pressure checks; glucose, cholesterol, vision and hearing screenings; body mass index assessments, lipid testing and physical examinations.

Free HIV testing will be available using a mouth swab and without needles. Although fasting is not required, please wait until after the test to eat for the most accurate readings of the results from the HIV, lipid and glucose screenings. Testing also will be offered for other sexually transmitted infections.

Males also may have blood drawn to check prostate sensitive antigen (PSA) for prostate cancer screenings. A panel of health care professionals, dietitians, pharmacists and physicians will be on hand along with students from various UAMS programs to answer personal health questions. There will be demonstrations for exercise and mental health education as well as good nutrition and dental hygiene.

“Public participation every year has shown there is great demand for the screenings and personal health information,” said Melissa Clark, Pharm.D., M.P.H., director of the UAMS 12<sup>th</sup> Street Health and Wellness Center. “This year’s March Man-ness will mark

our seventh annual health event, and every spring it grows and offers more and more to the communities we serve.”

Sponsors are the Bishop Leodies & Goldie Warren Community Development Center, Arkansas Department of Health, Arkansas Minority Health Commission, ARCare, Fab44 Basketball/AR G3 Academy, War Memorial Fitness Center and UAMS Student Wellness.

The 12<sup>th</sup> Street Health & Wellness Center is a free interprofessional clinic run by students under supervision of faculty and other licensed volunteers. It provides students from the UAMS colleges of Health Professions, Medicine, Nursing, Pharmacy and Public Health and the Graduate School an avenue to learn about, from and with each other in an interprofessional center. The center focuses on education, prevention and management of chronic diseases such as hypertension and diabetes. It also provides information about healthy living, preventive care, consultations and screenings for residents of the Little Rock Promise Neighborhood and surrounding areas.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS’ clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state’s Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — cancer, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state’s largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children’s Hospital, the VA Medical Center and Baptist Health. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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