Larry Balle II, M.D., M.P.H., Joins UAMS Orthopaedics and Sports Medicine in Fayetteville

FAYETTEVILLE — Larry Balle II, M.D., M.P.H., has joined the University of Arkansas for Medical Sciences (UAMS) as a primary care sports medicine physician practicing at UAMS Health Orthopaedics and Sports Medicine at 201 W. Van Asche Loop, formerly the Shoulder Center of Arkansas, Fayetteville.

Balle is a part of the UAMS Sports Medicine team, which includes orthopaedic surgeons, sports-certified physical therapists, certified athletic trainers and strength coaches, and experts in women’s health, sports nutrition and sports psychology.

He also is an assistant professor in the Department of Orthopaedic Surgery at UAMS.

Balle joins Wes Cox, M.D., Chad Songy, M.D., and Ramon Ylanan, M.D., at UAMS Health Orthopaedics and Sports Medicine.

Together, they are able to provide complete care for sports-related issues and orthopaedic concerns. This includes everything from an injured athlete looking to get back in the game to the home gardener with joint pain.

Balle most recently served as the primary care sports medicine team physician and chief medical officer for University of Arkansas Athletics and as a primary care sports medicine and non-operative musculoskeletal medicine physician at Advanced Orthopaedic Specialists in Fayetteville.

Over the past several years, he has provided sports medicine care for all University of Arkansas Razorback athletics and Shiloh Christian, Springdale, Har-Ber and Fayetteville high schools, as well as the Eurekan Sports Festival, Joe Martin Stage Race, Hogeye Marathon, Iron Pig Festival Duathlon, professional bull riding and several other local events.

His special interests include regenerative medicine to heal injuries naturally through the body’s own cells and growth factors. He has extensive training in regenerative medicine and office-based ultrasound procedures that heal certain injuries without surgery. He also
has an interest in musculoskeletal mechanics and how to adjust or adapt athletic mechanics to recover from and prevent future injuries.

Balle has held educational roles with UAMS Northwest Regional Campus since 2018, including as associate program director for its Primary Care Sports Medicine Fellowship.

He earned his medical degree from St. George’s University School of Medicine in Grenada, West Indies, where he also earned his Master of Public Health from the Department of Public Health and Preventive Medicine. He completed his residency in family and community medicine at Baylor College of Medicine in Houston, Texas, and a fellowship in primary care sports medicine at UAMS Northwest Regional Campus.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS’ clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state’s Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — cancer, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state’s largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children’s Hospital, the VA Medical Center and Baptist Health.

The UAMS Northwest Regional Campus includes 250 medical, pharmacy, nursing and health professions students, 50 medical and pharmacy residents, and 1,000 community-based faculty. The campus has nine clinics including a student-led clinic and physical, occupational and speech therapy. Faculty conduct research to reduce health disparities. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](http://Facebook), [Twitter](http://Twitter), [YouTube](http://YouTube) or [Instagram](http://Instagram).

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