

UAMS News Bureau

Office of Communications & Marketing
4301 West Markham # 890
Little Rock, AR 72205-7199

uamshealth.com/news



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Media Contacts:

Leslie W. Taylor, 501-686-8998
Wireless phone: 501-951-7260
leslie@uams.edu

Liz Caldwell, 501-686-8995
Wireless phone: 501-350-4364
liz@uams.edu

**Orthopaedic Surgeon Navin R. Kilambi, M.D., Joins
UAMS Orthopaedics and Sports Medicine in Fayetteville**

FAYETTEVILLE, Ark. — Navin R. Kilambi, M.D., has joined the University of Arkansas for Medical Sciences (UAMS) as a sports medicine orthopaedic surgeon practicing at UAMS Health Orthopaedics and Sports Medicine at 201 W. Van Asche Loop, formerly the Shoulder Center of Arkansas, Fayetteville.

He is a Fayetteville native and alumnus of Fayetteville High School and the University of Arkansas, Fayetteville.

Kilambi is fellowship trained in sports medicine and arthroscopy, or minimally invasive, camera-enabled joint surgery. He is part of the UAMS Sports Medicine team, which includes primary care physicians specially trained in sports needs, sports-certified physical therapists, certified athletic trainers and strength coaches, and experts in women's health, sports nutrition, and sports psychology.

He also is an assistant professor in the Department of Orthopaedic Surgery at UAMS.

Kilambi joins Wes Cox, M.D., Chad Songy, M.D., Ramon Ylanan, M.D., and Larry Balle, M.D., at UAMS Orthopaedics and Sports Medicine.

“Dr. Kilambi’s family has been a mainstay in the Northwest Arkansas area for over half a century,” Cox said. “He is excited to come home, and we are excited to welcome him.”

Together, they are able to provide complete care for sports-related issues and orthopaedic concerns. This includes everything from an injured athlete looking to get back in the game to the home gardener with joint pain.

Kilambi earned a bachelor’s degree in chemical engineering from the University of Arkansas, Fayetteville and his medical degree from UAMS. He completed a residency in orthopaedic surgery with the U.S. Navy at the Naval Medicine Center in San Diego and a fellowship in sports medicine and arthroscopy at the Cincinnati Sports Medicine and Orthopaedic Center in Ohio. While in the Navy, he served on ships, including attachment

to the USNS Mercy Hospital ship. He comes to UAMS from Tulsa Bone and Joint Associates in Owasso, Oklahoma.

Kilambi received numerous high honors and awards for educational excellence and medals/commendations for his U.S. Navy service. He brings over two decades of experience as an orthopaedic surgery and sports medicine specialist, treating athletes in all levels of organized sports, as well as the everyday athlete.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state's Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — cancer, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

The UAMS Northwest Regional Campus includes 250 medical, pharmacy, nursing and health professions students, 50 medical and pharmacy residents, and 1,000 community-based faculty. The campus has nine clinics including a student-led clinic and physical, occupational and speech therapy. Faculty conduct research to reduce health disparities.

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