UAMS News Bureau

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News Release Sept. 24, 2020



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AGECaring Friends Facebook Live Series to Present "Magic & the Brain" Oct. 7

LITTLE ROCK — The AGECaring Friends Program will present "Magic & the Brain" at 11:30 a.m. Oct. 7 as part of its new Facebook Live Series.

To access the live presentation, go to https://www.facebook.com/uamsagec. The AGECaring Friends Program will be held the first Wednesday of every month at 11:30 a.m. on the AGEC Facebook page.

The program is organized and supported by the Arkansas Geriatric Education Collaborative (AGEC) at the University of Arkansas for Medical Sciences (UAMS). It uses monthly Facebook live sessions to provide social support, activities, conversation and fun for older adults and caregivers.

"Magic & the Brain" will be presented by Christopher T. Westfall, M.D., UAMS College of Medicine dean and executive vice chancellor. Westfall, a professor of ophthalmology, will discuss the correlation between magic and the brain and demonstrate with fun magic tricks.

The COVID-19 pandemic presents challenges of social isolation and loneliness for older adults. AGECaring Friends aims to support social health and decrease feelings of isolation and loneliness.

Can't make the scheduled program date and time? Replays of the programs may be viewed on our Facebook page here: http://uams.link/agecaringfriends
The program's future Facebook Live events include an art talk, virtual caroling, the art of journaling, baking, and even traveling from the comfort of your home. If you would like to receive a monthly newsletter about upcoming programs, email agec@uams.edu and ask to be added to the email list for the AGECaring Friends Newsletter.

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The Arkansas Geriatric Education Collaborative of UAMS also is funded by a Health Resources and Services Administration grant of \$3.7 million for a Geriatrics Workforce Enhancement Program and a supplemental COVID-19 grant.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. U.S. News & World Report named UAMS Medical Center the state's Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — cancer, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,727 students, 870 medical residents and five dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on Facebook, Twitter, YouTube or Instagram.



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