Sports Medicine physician Kathryn Nance Joins UAMS Orthopaedics

LITTLE ROCK — Kathryn L. Nance, M.D., a board-certified family medicine doctor who is fellowship-trained in sports medicine, has joined the University of Arkansas for Medical Sciences (UAMS) and is seeing patients at the UAMS Health Orthopaedics & Sports Medicine Clinic at 10815 Colonel Glenn Road in Little Rock.

She is a member of the American Medical Society for Sports Medicine and in 2013 received the Michael O. Fleming, M.D., Family Medicine Award.

To make an appointment with Nance, who sees patients Monday through Friday, call 501-526-1046.

After receiving her medical degree from Louisiana State University Health Sciences Center in Shreveport in 2013, Nance completed her family medicine residency, followed by a year-long primary care sports medicine fellowship, at John Peter Smith Hospital in Fort Worth.

Before coming to UAMS, she worked at Baptist Health in Conway in an orthopedic clinic treating musculoskeletal complaints and performing ultrasound guided injections.

Previously, she was the team doctor for Bowie and South Hills high schools in Texas, and was involved in athletic events including Hotter’N Hell Hundred, the largest sanctioned century bike ride in the country that is based in Wichita Falls, Texas, and regional and state tournaments for the Golden Gloves amateur boxing competition.

She has participated in research about interpreters’ obstacles in doctor-patient communication and barriers in clinical trial participation and referral.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute,
Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS’ clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state’s Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — COPD, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,876 students, 898 medical residents and four dental residents. It is the state’s largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children’s Hospital, the VA Medical Center and Baptist Health. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](https://www.facebook.com), [Twitter](https://twitter.com), [YouTube](https://www.youtube.com) or [Instagram](https://www.instagram.com).

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