

UAMS News Bureau

Office of Communications & Marketing
4301 West Markham # 890
Little Rock, AR 72205-7199

uamshealth.com/news



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Media Contacts:

Leslie W. Taylor, 501-686-8998
Wireless phone: 501-951-7260
leslie@uams.edu

Yavonda Chase, 501-686-8994
Wireless phone: 501-416-0354
yavonda@uams.edu

Patricia Cowan, Ph.D., RN, FAAN, Honored by Alma Mater

LITTLE ROCK — Patricia A. Cowan, Ph.D., RN, FAAN, dean of the College of Nursing at the University of Arkansas for Medical Sciences (UAMS), has been honored by her alma mater, the Sinclair School of Nursing at the University of Missouri-Columbia.

Cowan was presented with a Citation of Merit, which honors an alumna who “exemplifies high ideals, outstanding leadership, meritorious service and outstanding achievement.” The award has been presented annually since 1966 by the Sinclair School of Nursing Alumni Organization.

“I’m grateful to be recognized as a leader in nursing by the institution where I began my education, especially as my work now is not only to prepare nurses to join a workforce that badly needs them, but also to train the next generation of nursing educators and researchers, where the demand is just as strong,” said Cowan.

Cowan has served as the dean of the UAMS College of Nursing since 2015. She has more than 35 years of experience in all areas of nursing, including academics, clinical practice and research. Her research interests include lifestyle interventions in overweight youth and adults, and cardiovascular and metabolic outcomes. She participates in a multi-professional research team and is interested in translational research.

After graduating magna cum laude with her bachelor’s degree in nursing, Cowan went on to earn a master’s degree in adult health nursing from the University of Kansas in Kansas City and a doctorate from the University of Tennessee Health Science Center in Memphis. She is a member of the American Nurses Association, the Southern Nursing Research Society and Sigma Theta Tau International.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W.

Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state's Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — COPD, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,876 students, 898 medical residents and four dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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