

UAMS News Bureau

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**UAMS Thomas and Lyon Longevity Clinic
Recognized as Age-Friendly Health System**

LITTLE ROCK — The UAMS Thomas and Lyon Longevity Clinic in the Donald W. Reynolds Institute on Aging has successfully attained Level I Certification as an Age-Friendly Health System.

Such recognition is provided by the Institute for Healthcare Improvement (IHI) and The John A. Hartford Foundation. The Age-Friendly Health System is an initiative that involves consistently providing a set of four evidence-based elements of high-quality care known as the “4Ms” framework to all older adults within the system. The 4Ms framework is described as: What Matters, Medication, Mentation and Mobility.

The Arkansas Geriatric Educational Collaborative (AGEC) partnered with the Longevity Clinic in January 2021 to assist and guide them in attaining this recognition.

Over 46 million Americans are over the age of 65, a number that is expected to double by 2060. This initiative aims to improve care provided to the aging population by focusing on each of the 4Ms while considering “What Matters” most to the older adult at every decision point.

Danette Scherer, MSN, RN, a nurse educator for AGEC, provided Age-Friendly trainings to the entire staff of the Longevity Clinic, which was required to earn the initial, Level I certification. The AGEC will continue working with the Longevity Clinic to further incorporate the 4Ms into the standard of care while applying for the second and final level of IHI Age-Friendly certification.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that

encompasses all of UAMS' clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state's Best Hospital; ranked its ear, nose and throat program among the top 50 nationwide; and named six areas as high performing — COPD, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,876 students, 898 medical residents and four dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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