

**UAMS News Bureau**

Office of Communications & Marketing  
4301 West Markham # 890  
Little Rock, AR 72205-7199

[uamshealth.com/news](http://uamshealth.com/news)



**News Release**  
**Aug. 11, 2021**

**Media Contacts:**

Leslie W. Taylor, 501-686-8998  
Wireless phone: 501-951-7260  
[leslie@uams.edu](mailto:leslie@uams.edu)

Yavonda Chase, 501-686-8994  
Wireless phone: 501-416-0354  
[yavonda@uams.edu](mailto:yavonda@uams.edu)

**UAMS To Offer Free Traumatic Brain Injury Workshop Aug. 25**

LITTLE ROCK — The TBI State Partnership Program and the Trauma Rehabilitation Resources Program at the University of Arkansas for Medical Sciences (UAMS) will host a “Traumatic Brain Injury Resources Workshop” on Aug. 25.

The virtual event is free, open to the public and will be held from noon to 2 p.m. To register, call 501-526-7656 or visit [tinyurl.com/RSVP-TBIAUG25](http://tinyurl.com/RSVP-TBIAUG25).

Both host programs fall under UAMS’ Institute for Digital Health & Innovation, and they have partnered with several entities throughout the state to provide educational and professional resources for people living with a traumatic brain injury (TBI), including information for their family members, caregivers and health care providers.

Workshop attendees will learn about:

- Burnout and The Stress Cycle, presented by Ashley Lichtle
- Free resources in Arkansas
- Digital health clinics
- Free 24/7 Nurse Triage Call Center
- Online TBI support groups
- Arkansas State Plan for TBI

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS’ clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* named UAMS Medical Center the state’s Best Hospital; ranked its ear, nose and throat program among the top

50 nationwide; and named six areas as high performing — COPD, colon cancer surgery, heart failure, hip replacement, knee replacement and lung cancer surgery. UAMS has 2,876 students, 898 medical residents and four dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

Like us, we're social:    