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Primary Care Topics Highlight Virtual Family Medicine Update

LITTLE ROCK — The 25th Annual Family Medicine Update with Free Tobacco and Disease Symposium at the University of Arkansas for Medical Sciences (UAMS) will offer up to 16 hours of online continuing education October 26 - 29 for primary care physicians, doctors of Osteopathic Medicine, advanced practice registered nurses, registered nurses, pharmacists, physician assistants, physical therapists, respiratory therapists and certified health educators.

The conference is completely virtual. Courses are offered in two-hour blocks, twice daily, at \$40 per block. The tobacco symposium on Oct. 29 is being offered at no charge.

To register, visit cme.uams.edu.

The conference will feature talks on COVID-19 vaccines for cancer patients with Kristin Zorn, M.D., as well as updates on variants and vaccines from Jose Romero, M.D., Arkansas secretary of health. Romero not only leads the Arkansas Department of Health but also is the chairman of the Centers for Disease Control and Prevention's advisory committee on immunization practices and a professor in the UAMS College of Medicine's Department of Pediatrics.

Dariush Mozaffarian, M.D., DrPH, will speak on Food as Medicine. Mozaffarian is the dean of the Friedman School of Nutrition Science & Policy at Tufts University in Massachusetts. He has authored more than 450 scientific publications on dietary priorities for obesity, diabetes and cardiovascular diseases, and on evidence-based policy approaches and innovations to reduce these burdens in the United States and globally. He has served in numerous advisory roles, and his work has been featured in a wide array of media outlets. Thomson Reuters has named him one of the world's most influential scientific minds.

Other topics include human papillomavirus (HPV) with Heather Brandt, Ph.D., from St. Jude Children's Hospital HPV Cancer Prevention Program, and a colorectal cancer screening success story from Keith Winfrey, M.D., MPH, who helped his New Orleans clinic's screening rate jump from 3 percent to 80 percent.

A full day will be dedicated to tobacco and disease with discussions on lung cancer screening, COPD, vaping and nicotine in pregnancy and breastfeeding.

The 25th Annual Family Medicine Update with Free Tobacco & Disease Symposium is provided by the UAMS College of Medicine and is an annual opportunity for health care professionals to learn about the latest advances and information impacting family medicine.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise including its hospital, regional clinics and clinics it operates or staffs in cooperation with other providers. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* recognized UAMS Medical Center as a Best Hospital for 2021-22; ranked its ear, nose and throat program among the top 50 nationwide for the third year; and named five areas as high performing — colon cancer surgery, diabetes, hip replacement, knee replacement and stroke. *Forbes* magazine ranked UAMS as seventh in the nation on its Best Employers for Diversity list. UAMS also ranked in the top 30% nationwide on *Forbes*' Best Employers for Women list and was the only Arkansas employer included. UAMS has 2,876 students, 898 medical residents and six dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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