

UAMS News Bureau

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Podiatrist Barbara Porchia, DPM, Joins UAMS Orthopaedics

LITTLE ROCK — Barbara Porchia, DPM, is the newest member of the University of Arkansas for Medical Sciences (UAMS)' orthopaedic team of foot and ankle providers.

The podiatrist from Camden, who has more than 20 years of experience treating foot and ankle conditions, is seeing patients every Tuesday through Friday at the UAMS Orthopaedic Clinic at 10815 Colonel Glenn Road, Suite 500.

As an assistant professor in the UAMS College of Medicine Department of Orthopaedic Surgery, she joins fellowship-trained foot and ankle surgeons Robert D. Martin, M.D., and Chelsea Matthews, M.D., to provide comprehensive foot care as part of UAMS' rapidly expanding orthopaedic services.

"Dr. Porchia is an experienced provider and brings a level of skill that benefits our patients," said C. Lowry Barnes, professor and chair of the UAMS Department of Orthopaedic Surgery. "With the addition of Dr. Porchia, we are now able to offer complete foot care services to meet the needs of our communities."

Porchia treats a wide range of foot and ankle conditions. She manages patients with corrective orthotic footwear; treats podiatric nail disorders, including removal of unhealthy tissue in patients with diabetes and peripheral vascular disease; performs heel-pain injections; removes warts and treats ingrown nails; performs ulcer assessments; provides prophylactic and emergent foot wound care; and prescribes diabetic shoes and foot braces to improve mobility and function. She has a special interest in diabetic foot care.

Before coming to UAMS, Porchia was in private practice full-time in Camden, where she continues to see patients on Mondays. She has been practicing at South Central Foot Care, PLLC since 1999, and for several years, operated satellite offices for the clinic in El Dorado, Little Rock and Forrest City.

She paused her private practice in 2003 to complete a two-year podiatric surgical residency at the Illinois Masonic Medical Center in Chicago.

Previously, she was in private practice in New Orleans after completing a residency in primary podiatric medicine at St. Michael Hospital in Cleveland.

She received a Bachelor of Science degree in education from the University of Arkansas at Little Rock, followed by her Doctor of Podiatric Medicine degree from Kent State University College of Podiatric Medicine (formerly the Ohio College of Podiatric Medicine) in Cleveland.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise. UAMS is the only adult Level 1 trauma center in the state. *U.S. News & World Report* recognized UAMS Medical Center as a Best Hospital for 2021-22; ranked its ear, nose and throat program among the top 50 nationwide for the third year; and named five areas as high performing — colon cancer surgery, diabetes, hip replacement, knee replacement and stroke. *Forbes* magazine ranked UAMS as seventh in the nation on its Best Employers for Diversity list. UAMS also ranked in the top 30% nationwide on *Forbes*' Best Employers for Women list and was the only Arkansas employer included. UAMS has 3,047 students, 873 medical residents and fellows, and six dental residents. It is the state's largest public employer with more than 10,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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