

UAMS News Bureau

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**UAMS Presents Virtual Family Medicine Conference,
Tobacco & Disease Symposium October 25–28**

LITTLE ROCK — The 26th Annual Family Medicine Update with Tobacco & Disease Symposium at the University of Arkansas for Medical Sciences (UAMS) will offer up to 18 hours of online continuing education October 25–28 for primary care physicians, doctors of osteopathic medicine, advanced practice registered nurses, registered nurses, pharmacists, physician assistants, physical therapists, respiratory therapists, certified health educators and dietitians.

Presented by the UAMS College of Medicine, the annual conference provides an opportunity for health care professionals to learn about the latest advances and information impacting family medicine.

The conference is completely virtual. Courses are offered in two-hour blocks, twice daily, at \$40 per block, with sessions on Friday, Oct. 28, at no cost. Friday's session offers three, two-hour blocks of content.

To register, visit <https://cvent.me/NQ1R8x> or call 501-686-6626 by Oct. 24.

Roger Kathol, M.D., adjunct professor of internal medicine at the University of Minnesota, will discuss how to blend behavioral health with primary care. His book, *Healing Body AND Mind: A Critical Issue for Healthcare Reform*, brings to life the negative impact that segregated physical and mental health care has on the lives of patients.

Susan Smyth, M.D., PhD, will join Kathol in a session called Top 10 Advances in Cardiology. She is UAMS executive vice chancellor and dean of the UAMS College of Medicine

Don Teater, M.D., a nationally known expert on opioids, will offer providers the latest information on opioids. The family physician has focused on the intersection of pain, opioids and addiction since 2004 and served as the lead facilitator for the expert panel

during the development of the Centers for Disease Control and Prevention guidelines for prescribing opioids for chronic pain.

Two experts will speak on obesity and associated diseases — UAMS' Dinesh Edem, M.D., will talk on obesity, diets and diabetes, while Brook Belay, M.D., MPH, from the CDC will speak on Arkansas' state of childhood obesity.

Other topics include a stroke overview with Sanjeeva Onteddu, M.D, an assistant professor of neurology at UAMS; the future of family medicine in Arkansas with Tasha Starks, M.D., president of the Arkansas Academy of Family Physicians; pulmonary hypertension by William Atchley, M.D., assistant professor of internal medicine at UAMS; psoriasis with Pinnacle Dermatology's Andrea Mabry, M.D; the latest on Monkeypox from Joel Tumilson, M.D., who has been at the forefront of controlling the disease as medical director for immunizations at the Arkansas Department of Health; and a multiple sclerosis update with Erika Santos Horta, M.D, assistant professor of neurology at UAMS. Lisa Richardson, M.D., MPH, the director of the Division of Cancer Prevention and Control at the CDC, will speak on colorectal cancer in Arkansas.

Friday will be dedicated to the Tobacco & Disease Symposium with talks centered on tobacco cessation strategies, talking to patients about quitting tobacco and how tobacco/nicotine products are engineered to be more addictive.

Symposium speakers include Sandra Brown, DNP, assistant professor in healthcare administration at Langston University; Brenna VanFrank, M.D., MSPH, senior medical officer at CDC's Office of Smoking and Health; Linda Cullers, CTTS, tobacco cessation specialist at UAMS; and Pamela Ling M.D, director of the Center for Tobacco Control Research and Education at the University of California San Francisco.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise. UAMS is the only adult Level 1 trauma center in the state. UAMS has 3,047 students, 873 medical residents and fellows, and six dental residents. It is the state's largest public employer with more than 11,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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