

**UAMS News Bureau**

Office of Communications & Marketing  
4301 West Markham # 890  
Little Rock, AR 72205-7199

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**News Release**  
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**Media Contacts:**

Leslie W. Taylor, 501-686-8998  
Wireless phone: 501-951-7260  
[leslie@uams.edu](mailto:leslie@uams.edu)

Yavonda Chase, 501-686-8994  
Wireless phone: 501-416-0354  
[yavonda@uams.edu](mailto:yavonda@uams.edu)

**Shami Nandy, M.D., and Onna Lau, M.D.,  
Join UAMS Thomas and Lyon Longevity Clinic**

LITTLE ROCK — The University of Arkansas for Medical Sciences (UAMS) has welcomed Shami Nandy, M.D., and Onna Lau, M.D., as new physicians at the Thomas and Lyon Longevity Clinic in the Donald W. Reynolds Institute on Aging.

Nandy joined UAMS as an assistant professor in the College of Medicine's Department of Geriatrics. She will also serve on the geriatrics consult service and will be involved in clinical research on dementia.

"I am honored to have the opportunity to utilize my medical training to serve a population that needs doctors the most," she said. "My goal is to provide safe and comprehensive medical care to our geriatric patients."

Nandy received her medical degree from Dhaka Medical College and Hospital in Bangladesh in 2009. She completed her family medicine residency at Louisiana State University Health Sciences Center in Monroe in 2020, then continued her training with a geriatrics fellowship at UAMS.

After concluding her fellowship in 2021, Nandy worked as a staff geriatrician at the Eugene J. Towbin Healthcare Center in North Little Rock, part of the Central Arkansas Veterans Healthcare System.

Lau, an assistant professor in the Department of Geriatrics, earned a Bachelor of Science in Computer Science from the Universidade Catolica De Brasilia in Brazil in 2003. She received her medical degree from the Medical University of Sofia, Bulgaria, in 2015.

In 2018, Lau came to UAMS as a resident in the Department of Family and Preventive Medicine. After completing her residency in 2021, she served for a year as a geriatrics fellow.

“Aging is a complex process, and I have always admired the resilience of older adults,” Lau said. “I want to help our patients remain as independent and functional as possible. After all, age is just a number.”

Nandy and Lau are accepting patients at the Thomas and Lyon Longevity Clinic in Little Rock. To schedule an appointment, call (501) 686-6219.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise. UAMS is the only adult Level 1 trauma center in the state. UAMS has 3,240 students, 913 medical residents and fellows, and five dental residents. It is the state's largest public employer with more than 11,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit [www.uams.edu](http://www.uams.edu) or [www.uamshealth.com](http://www.uamshealth.com). Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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