

UAMS News Bureau

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**UAMS to Host 28th Annual Diabetes Update Symposium
for Health care Professionals Nov. 17-18**

LITTLE ROCK — The University of Arkansas for Medical Sciences (UAMS) is hosting the 28th Annual Diabetes Update Symposium Nov. 17-18 for health care professionals who work with patients to prevent, diagnose and treat diabetes.

The symposium is a unique, interactive, interprofessional event that can be attended in person this year for the first time since 2019. It may also be attended virtually.

It will highlight important practice-changing updates and best-practice strategies for improving patient care, including the use of communication tools to improve patients' adherence to care regimens.

The conference will be held from noon to 5 p.m. Friday, Nov. 17 and 8 a.m. to 5 p.m. Saturday, Nov. 18 in the Fred Smith Auditorium on the 12th floor of the Jackson T. Stephens Spine & Neurosciences Institute. Parking is available in Parking Deck 3 at the corner of UAMS Boulevard and Capitol Avenue.

For those who want to participate virtually, a Zoom link will be sent to registrants a day before the conference begins.

To register or obtain additional information, such as a course overview and names of exhibitors, visit <https://uams.cloud-cme.com>.

Featured speakers will be Don Murchow, a Type 1 diabetic who is an ultramarathoner, triathlete and an Ironman; Robyn Stuhr, an exercise physiologist who will discuss physical activity and diabetes; and Patricia Daiker, RN, who has Type 1 diabetes and is an advocate for providing crucial support and service to people experiencing diabetes-related burnout.

Presentations will also feature the use of plain language to improve communication with patients, updates on continuous glucose monitor technology, cardiometabolic heart failure, prescribing diabetes medications, diabetes and cognitive decline, GLP-1 use for T2DM and weight loss, and other topics.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute and Institute for Digital Health & Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise. UAMS is the only adult Level 1 trauma center in the state. UAMS has 3,275 students, 890 medical residents and fellows, and five dental residents. It is the state's largest public employer with more than 12,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [X \(formerly Twitter\)](#), [YouTube](#) or [Instagram](#).

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