

UAMS News Bureau

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News Release
April 7, 2025

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UAMS Hosts Free Parkinson's Symposium April 13

LITTLE ROCK — A free, public forum on Parkinson's disease and Atypical Parkinsonism will be held April 13 at the University of Arkansas for Medical Sciences (UAMS).

The annual Parkinson's Symposium will take place from 1 p.m. to 3 p.m. in the Fred Smith auditorium on the 12th floor of the Jackson T. Stephens Neurosciences & Spine Institute. A virtual option is available for those who cannot attend in person.

Experts from the UAMS' Parkinson Foundation - Comprehensive Care Center, MSA Center of Excellence and CurePSP Center of Care will discuss the latest advances in the diagnosis and treatment of the conditions for an audience of patients, caregivers and family members, health care professionals and anyone else who is interested.

Parkinson's disease is a brain disorder that causes unintended or uncontrollable movements or rigidity and difficulty with balance and coordination. Atypical Parkinsonism patients have additional features such as cognitive deficits, difficulty regulating blood pressure and other automatic functions of body, vision impairment etc.

Topics will include motivation and fatigue in Parkinson's disease, falls and mobility aids, Parkinsonism's effect on the gastrointestinal system, caregiver support, and an overview of education and peer support services. Information about the inaugural UAMS Parkinsonism Walk, scheduled for this fall, will also be shared.

To attend in-person or watch at home via Zoom, register at medicine.uams.edu/neurosurgery/events/ps2025/.

Parking is available in Parking 3 at 4030 W. Capitol Ave. on the UAMS campus.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a

statewide network of regional campuses; and eight institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute, Institute for Digital Health & Innovation and the Institute for Community Health Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise. UAMS is the only adult Level 1 trauma center in the state. UAMS has 3,485 students, 915 medical residents and fellows, and seven dental residents. It is the state's largest public employer with more than 11,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [X \(formerly Twitter\)](#), [YouTube](#) or [Instagram](#).

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