

UAMS News Bureau

Office of Communications & Marketing
4301 West Markham # 890
Little Rock, AR 72205-7199

uamshealth.com/news



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Media Contacts:

Leslie W. Taylor, 501-686-8998
Wireless phone: 501-951-7260
leslie@uams.edu

Yavonda Chase, 501-686-8994
Wireless phone: 501-416-0354
Yavonda@uams.edu

**UAMS Opens New Orthopaedic and Sports
Medicine Clinic on Rodney Parham in Little Rock**

LITTLE ROCK — The University of Arkansas for Medical Sciences (UAMS) held a ribbon-cutting ceremony July 15 to celebrate the opening of the new [UAMS Health Orthopaedic and Sports Medicine Clinic on Rodney Parham](#), located in the Premier Medical Plaza at 10901 N. Rodney Parham Road, Suite 7.

The new clinic — the largest of UAMS’ nine orthopaedic clinics across the state — occupies 32,770 square feet of renovated space previously used by 10 Fitness. It combines services offered in two previous locations in Little Rock — the UAMS Health Orthopaedic Clinic at 600 Autumn Road, and the UAMS Health Orthopaedic Clinic at 2 Shackelford West Blvd.

“This location blends traditional orthopaedic therapy, women’s health/pelvic floor therapy, and spine therapy, along with a return to sports and performance offerings,” said Christopher Oholendt, manager for UAMS Outpatient Therapy and Sports Performance. “The goal is to provide any athlete or weekend warrior with one location to guide them throughout their healing journey. If they also want to extend their traditional therapy into performance, that is also available on a fee-for-service basis.”

Oholendt said the clinic will have data-driven equipment to offer performance programming for adolescent baseball/softball pitchers in the community, and that other performance offerings will focus on adolescent athlete injury prevention and performance.

“We want to assist community personal trainers and coaches to ensure their athletes remain healthy and can continue their training journey,” he said.

“At UAMS, we are proud of this new facility, which features a wide range of services to accommodate patients of all activity levels who are recuperating from injuries, arthritis or other orthopaedic issues, whether it involves the shoulder, elbow, hand, spine, hip,

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knee, foot or ankle, as well as people focused on sports performance,” said UAMS Chancellor C. Lowry Barnes.

The new clinic is located on two floors at the east end of the medical plaza, which also houses the UAMS Health Urology Clinic and the UAMS Health Imaging Center, both at 10915 N. Rodney Parham Road.

Physical therapy, hand therapy, and a new sports performance center occupy nearly 8,000 square feet of space on the first floor, while the second floor includes almost 25,000 square feet of clinic space.

The comprehensive array of services allows patients to move seamlessly from diagnosis to treatment to rehabilitation under one roof, while allowing anyone with performance goals to move better, train safely, and perform at a higher level while reducing risk of injury.

“We are all excited about this new location,” said Dale Blasier, M.D., interim chair of the Department of Orthopaedic Surgery and Rehabilitation. “It’s modern, new, and state of the art. It’s a great way to showcase our ortho team.”

UAMS Health’s orthopaedic and sports medicine team includes fellowship-trained surgeons, primary care sports medicine doctors, and certified therapy specialists.

The UAMS Health Orthopaedic and Sports Medicine Clinic on Rodney Parham will be open from 7:30 a.m. to 4:30 p.m. Monday through Friday. For more information or to schedule an appointment, call 501-614-2663.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute, and the Institute for Community Health Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS’ clinical enterprise. UAMS is the only adult Level 1 trauma center in the state. UAMS has 3,553 students and 1,030 medical residents and fellows and two dental residents. It is the state’s largest public employer with about 12,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children’s, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [X \(formerly Twitter\)](#), [YouTube](#) or [Instagram](#).

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