

UAMS News Bureau

Office of Communications & Marketing
4301 West Markham # 890
Little Rock, AR 72205-7199

uamshealth.com/news



News Release

Aug. 31, 2026

Media Contacts:

Leslie W. Taylor, 501-686-8998

Wireless phone: 501-951-7260

leslie@uams.edu

Yavonda Chase, 501-686-8994

Wireless phone: 501-416-0354

yavonda@uams.edu

**Namrata Dogra, M.D., and Benjamin Frazier, M.D.,
Join UAMS' Thomas and Lyon Longevity Clinic**

LITTLE ROCK — The University of Arkansas for Medical Sciences (UAMS) has welcomed Namrata Dogra, M.D., and Benjamin Frazier, M.D., as new physicians at the Thomas and Lyon Longevity Clinic in the UAMS Donald W. Reynolds Institute on Aging.

Both of the fellowship-trained physicians also serve as assistant professors in the UAMS College of Medicine's Department of Geriatrics.

Dogra earned her Bachelor of Medicine, Bachelor of Surgery (MBBS) degree from Mahatma Gandhi Memorial Medical College and Hospital in Jamshedpur, India, in 1997. She obtained her Doctor of Medicine in Pathology degree from Mumbai University in 2001.

Dogra moved to the United Kingdom in 2003, practicing as a pathologist in diagnostic and clinical roles at several hospitals in the London area while working toward certification in the Membership of the Royal College of Pathologists.

In 2022, Dogra came to UAMS for her residency training at the UAMS South Central Regional Campus in Pine Bluff. After completing her residency in 2025, she remained at UAMS for a one-year fellowship in geriatric medicine.

"I've had such a great experience at UAMS through my residency and fellowship," she said. "After having lived and worked around the world, my family and I have chosen Arkansas as our home. Caring for older adults has always been close to my heart, and as a geriatrician I look forward to devoting my career to helping and taking care of Arkansans."

Frazier obtained his Bachelor of Arts in Biology from the University of Arkansas at Fayetteville in 2015. The Little Rock native returned to his hometown and worked for two years as a medical scribe, after which he enrolled at the St. George's University

--NEXT--

School of Medicine in Grenada. He earned his Doctor of Medicine degree from St. George's University in 2022.

From 2022-25, he completed his internal medicine residency at the UAMS Northwest Regional Campus in Fayetteville. He then came to the Little Rock campus to complete his geriatric medicine fellowship.

"Arkansas is my home, and there is no place I'd rather be," he said. "My interest in geriatrics stems from the underutilization of care among older adults, and I want to help fill that void in the field of medicine. I want patients to know that I'm here to listen and address their needs and concerns."

Dogra and Frazier are accepting patients at the Thomas and Lyon Longevity Clinic in Little Rock. To schedule an appointment, please call (501) 686-6219.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute, and the Institute for Community Health Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise. UAMS is the only adult Level 1 trauma center in the state. UAMS has 3,553 students and 1,030 medical residents and fellows, and two dental residents. It is the state's largest public employer with about 12,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [X \(formerly Twitter\)](#), [YouTube](#) or [Instagram](#).

Like us, we're social:

