

UAMS News Bureau

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UAMS Hosts Parkinsonism Walk Nov. 7 at Little Rock Zoo

LITTLE ROCK — The University of Arkansas for Medical Sciences (UAMS) is hosting its second Parkinsonism Walk on Saturday, Nov. 7, at the Little Rock Zoo.

The event, which is open to the public, is designed to create awareness about Parkinsonism, a group of neurological conditions, including Parkinson's Disease, that cause movement problems, and to raise funds for the continued support of Parkinsonism education and community initiatives.

It also offers an opportunity to talk with UAMS providers, community partners, and fellow participants.

Registration and check-in begin at 9 a.m. at the zoo's pavilion. A welcome message and brief remarks from organizers are scheduled for 10 a.m. inside the pavilion, where participants can also explore activity tables, educational resources, and displays from community partners.

Walkers are welcome to participate in sitting or standing pre-walk stretching sessions before the walk begins at 10:30 a.m. The walk will follow a designated .3-mile route on a paved path through the zoo, starting and ending at the pavilion, with benches and a water station available along the way. Participants are encouraged to enjoy the walk at their own pace.

A live performance by John Lee, a Little Rock musician, will begin at 11:15 a.m. in the pavilion, and the event concludes at noon.

Tickets are \$25, with proceeds directly benefitting UAMS programs across Arkansas for people living with Parkinsonism.

The event is put on by the UAMS College of Medicine Department of Neurology.

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The first Parkinsonism Walk, held on Nov. 1, 2025, attracted more than 200 people and raised over \$18,000.

UAMS is the state's only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; hospitals in Little Rock and Bryant; an orthopaedic hospital; a main campus in Little Rock; a Northwest Arkansas regional campus in Fayetteville; a statewide network of regional campuses; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, Jackson T. Stephens Spine & Neurosciences Institute, Harvey & Bernice Jones Eye Institute, Psychiatric Research Institute, Donald W. Reynolds Institute on Aging, Translational Research Institute, and the Institute for Community Health Innovation. UAMS includes UAMS Health, a statewide health system that encompasses all of UAMS' clinical enterprise, including affiliated hospitals in Pine Bluff, Helena-West Helena, Mena, and Warren. UAMS is the only adult Level 1 trauma center in the state. UAMS has 3,813 students and 1,030 medical residents and fellows, and two dental residents. It is the state's largest public employer with about 12,000 employees, including 1,200 physicians who provide care to patients at UAMS, its regional campuses, Arkansas Children's, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [X \(formerly Twitter\)](#), [YouTube](#) or [Instagram](#).

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